



## REGENERATIVE ORTHOPAEDIC MEDICINE 36TH Annual Conference

### Pre-Conference Workshops

Delta Marriott - City Centre, Ottawa, Ontario

Thursday November 17, 2022

0800h -  
1600h

#### Lyftogt Perineural Injection Treatment (PIT)\*

Join Dr. David Bowler and his team for a full day of instruction.

As a result of attending this activity participants will be able to confidently identify the sites of nerve constriction injuries and administer perineural injections to these sites, in order to alleviate neurogenic musculoskeletal pain

\*this is not included in your conference registration. Tickets are available from the CAOM website.

The Wellness Physicians Journal club is a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification Program of the [Royal College of Physicians and Surgeons of Canada](#). This activity has been approved for a maximum of 7 hours.

0930h-  
1700h

#### Sports Medicine Ultrasound Canada-Level 1 and Level 2\*

Join Dr. Frank Johnson and his team for a full day of instruction.

SMUC has partnered with CAOM to bring you ULTRA-HIGH YIELD ultrasound scanning training for injections. Over the course of this 1-day scanning workshop, you'll learn to scan, scan and scan some more. Injecting is great, but you have to be able to find your target before you can inject it!

2 Streams are Available (Beginner and Advanced)

We want you to scan, scan, and scan some more so you are really good at these scans so you can buy an ultrasound machine and start practicing these in your clinic.

\*Please note this is not a prolotherapy training workshop. We will teach you how to scan to perform a classic cortisone, PRP or viscosupplementation injection. You will scan each other - but no injections will be practiced and no cadaver lab is included.\*

\*This is not included in your conference registration. [Please visit Dr. Johnson's website to register](https://sportmedicineultrasound.ca/1-day%40coam) → <https://sportmedicineultrasound.ca/1-day%40coam>