**Thursday October 24**

Updated: June 3

**Preconference Workshop One: Ultrasound Guided Nerve Hydrodissection**

**Drs. Jannice Bowler, Francois Louw and additional presenters**

**Prerequisite**: must have advanced beginner or intermediate ultrasound skills.

This is a full day workshop with **limited numbers**.

We will work through nerve entrapment syndromes systematically.

Participants will practice ultrasound techniques for nerves and locating nerve entrapment regions on each other. There will be some live HD demonstrations as well.

**Merino Room**

0745h Registration and Breakfast

0830h Welcome and Opening Remarks

0840h Face, neck and upper back

1015h Refreshment break

1040h Shoulder, arm, wrist

1230h Lunch

1330h Torso, lower limb

1500h Refreshment break

1525h Finish lower limb, plane blocks

1630h Closing remarks and conclusion

**Preconference Workshop Two: Perineural Injection – The Lyftogt Method**

**Join Dr. David Bowler, Dr. Jennifer Moss and Dr. Keith Weber**

0745h Registration and Breakfast

0830h Welcome and opening remarks

Review of head and neck: presentation, demo and marking

1015h Refreshment Break

1045h Upper Limb

1230h Lunch

1330h Review of chest, abdomen, inguinal and back: presentation, demo and marking

1415h Refreshment break

1430h Gluteal region, hip and lower limb: presentation, demo and marking.

1700h Closing remarks and conclusion

**Preconference Workshop Three: Sport Medicine Ultrasound Canada – Ultrasound Scanning Training for Injections (2 Streams)**

**Dr. Frank Johnson and additional presenters.**

Please see CAOM [registration site](https://CAOM2024.eventbrite.com) or Dr. Johnsons’ website [home page](https://sportsmedus-courses.com/caom-2024) for more information.