



CANADIAN ASSOCIATION OF ORTHOPAEDIC MEDICINE
ASSOCIATION CANADIENNE DE MÉDECINE ORTHOPÉDIQUE

Platelet-rich plasma pre-conference convention:
Thursday October 26, 2023
Inn at Laurel Point, Victoria, BC

Interested in learning more about platelet-rich plasma (PRP)?
Already using it but wanting to keep up with the latest research?
Wanting to take a deeper dive into its applications, including practical demonstrations?
Please join us for a full day workshop prior to the main CAOM annual conference.

07:50	Welcome Dr. J. Bowler
08:00	Platelet physiology Dr. Harrison
08:15	Platelet statistics/g force/time Dr. Harrison
08:45	PRP methods, and PRP for nerve hydrodissection Dr J. Bowler
09:15	Literature review lower limb Dr. Louw
09:45	Q and A
10:15	Nutrition Break
10:45	Cervical facet PRP Dr. Burnham, Dr. Smith
11:40	Intradiscal PRP Dr. Helper
12:10	Q and A
12:30	Lunch
1:30	Literature review upper limb Dr. Squire
2:00	Meniscal PRP Mr. Lavoie
2:30	Nutrition and supplements prior to PRP Dr. Levins
2:40	Q and A
3:00	Nutrition Break
3:30	Practical demonstrations
5:00	Concludes

Learning objectives

- 1) Evaluate the current evidence for platelet-rich plasma (PRP)
- 2) Compare methods of PRP production
- 3) Participate in practical demonstrations of PRP