



CANADIAN ASSOCIATION OF ORTHOPAEDIC MEDICINE
ASSOCIATION CANADIENNE DE MÉDECINE ORTHOPÉDIQUE

2-day prolotherapy workshop for Canadian physicians: Calgary AB: April 24 -26, 2025

We are pleased to make an early-bird announcement:

The 4th annual prolotherapy cadaver workshop is happening on 24 – 26 April, 2025 (Thursday to Saturday) in Calgary, Alberta.

CAOM membership required.

This workshop will have **limited numbers** as it will be mostly held in the cadaver lab, where you will gain injecting experience in small groups with a 4-students:1-instructor ratio. (Groups will rotate through instructors).

The workshop will be divided into groups according to experience, and there will be a separate track for those wishing to learn or gain more experience with spine and sacroiliac prolotherapy using palpation AND ultrasound guidance.

Other groups will be covering hip, knee, ankle, shoulder, elbow, wrist, and digits, using standard prolotherapy methods with an emphasis on learning palpation and anatomical structure identification but also using ultrasound guidance.

A recommendation for this workshop will be purchasing and viewing of the DVDs of prolotherapy with lectures by Drs. Gretton and Ouellette (from a 2017 prolotherapy workshop), as we want to spend as much time in the lab as possible, and want everyone on the same page.

Please note that BOTH the spine AND the periphery groups will be covering the sacroiliac region.

In addition, there will be a ½ day ultrasound-guided nerve hydrodissection workshop on Thursday April 24 am, for limited numbers.

Format of the workshop will be as follows:

Thursday morning: anatomy lab ONLY for those registered for the nerve workshop add-on

Thursday afternoon at the hotel: anatomy talks/demonstrations/marking/palpation

Friday all day: anatomy lab rotations

Saturday morning: anatomy lab rotations

The course ends in time for participants to travel back on the Saturday afternoon.